

Cycling or going to the market?

and why not do both?

Reconnect with the outside, enjoy a view of the Gave and the mountains while riding through the market, what a joy! Local markets offer a wide range of seasonal and quality products, ephemeral places from which emerge the know-how and the terroir of our Pyrenees.

LOCAL MARKET

In the morning

Lourdes - Halles de Lourdes (place du Champ Commun)

- From Monday to Saturday
- Thursday (all day) and Saturday

Argelès-Gazost

- Tuesday

Cauterets

- Friday

Pierrefitte-Nestalas

- Saturday



MTB...

...Go on an adventure on the trails!

The Green lane des Gaves makes it possible to join some routes labeled and marked as VTT-FFC (french cyclist federation).

These circuits allow you to discover the banks of the Gaves or the valleys and neighboring villages in a different way. The colors indicate the level of difficulty. It's up to you to decide

Circuit N° 12 GREEN (Pays de Lourdes): *easy and fun circuit to discover the activity; for the whole family. Departure from the Voie verte (Lourdes-Funicular Station).*



Sign

➤ 18km

➤ 162m
of ascending
elevation

➤ Duration
2h

All the details of itineraries on www.pyrenees-mtb.com

Bike Rental

near the Voie Verte



BIKE AND PY | LOURDES

16, Esplanade du Paradis - 65100 Lourdes
+33 5.62.41.44.26 OU 06.64.02.16.13

www.bikeandpy.com

CYCLES ARBES | LOURDES

10, Avenue François Abadie - 65100 Lourdes
+33 5.62.94.05.51

www.cycles-arbes.com

CYCL'IN PYRÉNÉES | ARGELÈS-GAZOST

1, Avenue Charles de Gaulle - 65400 Argelès-Gazost
+33 5.62.97.55.78

www.cyclinpyrenees.fr

L'ETAPE DES PYRÉNÉES | ARGELÈS-GAZOST

12, Avenue des Pyrénées - 65400 Argelès-Gazost
+33 5.62.92.29.31

www.pyrenees-bike.com

HOTEL DE LA GARE | PIERREFITTE NESTALAS

9, Rue Lavoisier - 65260 Pierrefitte-Nestalas
+33 5.62.92.75.32

MONT A VELO (Electric MTB) | AYROS-ARBOUX

65400 Ayros-Arbouix
+33 6.32.22.57.37

www.montavelo.fr

Tourism Offices

LOURDES - www.lourdes-infotourisme.com

Tél : +33(0)5 62 42 77 40

VALLEES DE GAVARNIE - www.valleesdegavarnie.com

Tél : +33(0)5 62 97 00 25

Weather & Rescue

Forecast for the department of Hautes-Pyrénées and mountain forecast for 5 days > **0 899 710 265**

Emergency telephone number > **112**

Mountain rescue > **+33 (0)5 62 92 41 41**



LOURDES ➤ PIERREFITTE-NESTALAS
17,7KM - 11 MILES



la
Voie Verte 
des Gaves


PAYS DE LOURDES ET DES VALLÉES DES GAVES

The Green Lane of the valleys...

Located at the foot of summits and famous Pyrenean passes, this bike path is the royal road to the mountains.

Along the Gave de Pau and nestled between the welcoming slopes of the mountains, the Green Lane of vallée des Gaves unrolls its red carpet to the peaks.



Family Moments

let's go on a bike tour !

Fancy a family ride? The Green lane is a special place to practice cycling safely. It also allows to visit places of interest and all that on just 2 wheels!

Here are **3 ideas of tours** to share with your children (within 300 m of the Green lane!)

THE PYRENEES ANIMAL PARK

Argelès-Gazost

Located in Argelès-Gazost, at 15 m of the Green Lane, the Pyrenees Animal Park allows you to explore 14 hectares of nature to live an unforgettable experience in the heart of the mountains. Go meet more than 120 species and 600 animals with a superb collection of birds. Ranked in the top 3 best zoos in France according to TripAdvisor. Restaurant in the park.

60 bis, Avenue des Pyrénées - 65400 Ayzac-Ost
+33(0) 5.62.97.91.07

www.parc-animalier-pyrenees.com

PIC DU JER

Lourdes

Funicular trip on the heights of Lourdes ...

The most beautiful panorama of the Pyrenees from the Marian side. The Pic du Jer, overlooking the city, is accessible by a centenarian funicular that takes you near the summit at 900 meters above sea level in just a few minutes. What a charming trip ... Besides, there is a restaurant at the top!

59, avenue Francis Lagardère - 65100 Lourdes
+33(0) 5.62.94.00.41

picdujer@edeis.com

The «Voie Verte des Gaves»

DEPARTURE > Lourdes ou Pierrefitte-Nestalas

DISTANCE > 35 km - 21.7 miles round trip

ASCENDING ELEVATION > +25 m (82 ft)

RECOMMENDED PERIOD > All the year

TOURISM AND HANDICAP LABEL >

for 4 impairments (visual, motor, hearing and mental)

At the end of the 19th century, a railway line served the thermal resorts of Luz-Saint-Sauveur and Cauterets. Now that it has been rehabilitated, this old railway represents an easy and quiet route. During this wild route, ideal for both families and sports enthusiasts, you will discover in total peace of mind 12 villages in the Argelès-Gazost valley with remarkable points of view on the Gave de Pau, the Hautacam and Pibeste mountains. (During the summer season, this route is not recommended for confirmed sportsmen and competitors because of the high number of visitors).



FORTIFIED CASTLE AND PYRENEAN MUSEUM

Lourdes

With more than a thousand years of history, this great stone vessel invites you to travel back in time. This historical monument offers a preserved defensive architecture (dungeon, drawbridge, portcullis, watchtower...).

From the high ramparts, enjoy a 360° view over the city and the mountains. In the museum, you will learn everything about the history of the Pyrenees.

25, rue du Fort - 65100 Lourdes

+33(0) 5.62.42.37.37

www.chateaufort-lourdes.fr



The «Chemin des Voyageurs»

from Soulom to Cauterets

From Soulom, the Green lane extends towards Cauterets by a path dedicated to bicycles and pedestrians, although the height difference is more significant. The coating is also different (stabilized round) suitable for pedestrians, experienced cyclists, mountain bikes and electric bicycles.

DEPARTURE > Soulom or Cauterets

DISTANCE > 9.5 km - 5.5 miles

ASCENDING ELEVATION > 520 m (1706 ft)

RECOMMENDED PERIOD > April to November



Instructions

for users

- ★ The paved lanes are reserved for bicycles and bikes for disabled people
- ★ The lanes are separated by the white strip, indicating the direction of traffic.
- ★ The rough side lane is reserved for pedestrians and strollers.
- ★ Dogs must be kept on a leash and remain on the sideband.
- ★ The maximum authorized speed is limited to 30 km/h.
- ★ Motor vehicles and horses are prohibited on the lane

If you notice damage or any cause that could endanger the safety of users, please report it to the PLVG at +33 (0)5.62.42.64.98 contact@plvg.fr
www.valleesdesgaves.com